

Welcome to City of Shreveport Health and Wellness Conference

August 19, 2015



5:00-7:00am Run with Josh
7:30-8:00am Registration
8:00-8:30am Opening:
Brian Crawford, CAO
Arletha Gaston,
Health & Wellness Coordinator

8:30-9:30am Dr. Nina Ellis-Hervey,
Keynote Speaker

9:30-9:45am Break
9:45-10:45am Josh LaJaunie, Keynote Speaker
10:45-11am Break
11:00-11:30am Presenters:
A-Marti Vandagriff
B-Denise Joplin

11:35-12:05pm Presenters:
C-Dr. Jennifer Singh
D-Attorney Carlos Prudhomme
12:15-12:30pm Door Prizes, Wrap-up



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