Crunch Top Apple Pie

Preheat oven to 425 degrees F. Line a 9-inch pie pan with half of dough. Combine sugar, flour, cinnamon, and salt in a bowl. Stir in apples, applesauce, and lemon juice. Spoon apple mixture into pie pan and dot with butter. Cut remaining crust into strips; arrange in a lattice design over top of pie. For crunch topping, combine flour, sugar, and salt in a bowl. Using a fork, cut in butter until mixture is crumbly. Sprinkle over top of crust. Bake for 10 minutes, then reduce heat to 350 degrees F and continue to bake for about 45 minutes, or until crust and topping are golden brown. Visit www.foodnetwork.com to see the list of ingredients.

Halloween

Halloween is celebrated in some countries on October 31st of every year. Halloween activities include, carving pumpkins, telling scary stories and watching horror movies. The most common activity in Halloween is when the kids go "Trick or Treat" and have costume parties. When "Trick or Treating" have fun and be safe.

State Fair of Louisiana

Since 1906, the State Fair of Louisiana has been a tradition in Shreveport. The State Fair attracts some of the top food vendors in the country. With carnival rides combined with quality attractions, and live music. The State Fair of Louisiana draws an average of 425,000 people through the gates every year and has a $24,000,000 economic impact to the local economy. Over 300 temporary jobs are created during State Fair season. Have fun and be safe when at the State Fair.

BREAST CANCER AWARENESS

October is the month of breast cancer awareness. Other than skin cancer, breast cancer is the most common type of cancer among American women. Women age 50 to 75 should get mammograms every 2 years. To show support people tend to wear pink a lot through out the month of October. Even major sports players wear pink gear in games. To help or donate to the patients you can visit www.nationalbreastcancer.org

Upcoming Events

- October 8th - Columbus Day
- October 9th - In person/By Mail Voter Registration deadline
- October 15th-17th - Fall Break
- October 25th - State Fair Begins
- October 31st - Halloween

Quote of The Day

"Without self-determination and excellence you are not even in the game you're on the bench." Exerted from - Black Faces In White Places by Dr.Pinkett and Dr.Robinson