



# SPAR eNEWS

“Know the Happenings in Shreveport’s Public Assembly and Recreation Department”

## April Issue

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### Therapeutic



SPAR’s Therapeutic Division is gearing up for the Spring Workshop "Volleying into Spring with Unified Tennis and Unified Volleyball", which will be held April 14 at Airport Park from 10 - 11:30am. Workshop facilitator is Derrell Thrash, SPAR Therapeutic Recreation Specialist.

The purpose of the workshop is to educate the public about sports' programs that are designed to meet the needs of persons with disabilities and unite men and woman of all ages and abilities that will promote and teach socialization skills, team building skills, disability awareness, good sportsmanship and interpersonal skills. Therapeutic Division hosts various educational workshops each Fall, Winter, Spring and Summer.

The Annual Literary and Numeracy Disability Spring Fling will be held April 27 and April 28 at Southern Hills 9am - 1pm.

### Athletics

2011 Youth T-Ball, Machine Pitch, Softball, and Baseball registration deadlines extended to April 1. Coaches meeting on April 13 at 6:30pm. The seasons begin on April 18.

The 2011 Spring Adult Softball League season starts on April 4. All games will be played Mon - Thur at Cargill and Southern Hills. For additional information visit [www.mySPAR.org](http://www.mySPAR.org) and click on Athletics or call Mary Murphy at 318.673.7776.

The 2011 Holiday in Dixie Men's & Women's A.S.A./WSL Softball Tournament is on April 8 - 10 at Cargill Park. Entry fee is \$140 for A.S.A. registered teams. Non ASA teams \$165. Deadline is April 1. For additional information visit [www.mySPAR.org](http://www.mySPAR.org) and click on Athletics or call Mary Murphy at 318.673.7776, Jerod Jones at 318.213.0433 or SPAR Office at 318.673.7748(49).

### Martial Arts Classes



Master Raleigh Skipper, a 5th Degree Black Belt, with over 30 years of martial arts experience, offers classes at Bill Cockrell Community Center for youth and adults. Master Skipper is National Vice President of the Iron Martial Arts Association (IMAA) and Iron Cage Clash (ICC). Classes include Aikido, Judo, Kick Boxing, Mixed Martial Arts, Women's Self Defense, Mixed Martial Arts & Competition Training.

Martial Arts is not just kicking and punching. It teaches discipline, self-respect, respect for others, humility, honor, teamwork, and individual achievement. It is also a great way to get and stay in shape, lose weight and develop mind and body. Separate classes are held Thursday, Friday & Saturday for adults and children at Bill Cockrell Recreation Center, 4109 Pines Road. For more information call 318-344-8482.

### Youth Programs



Spring Break Camp was a success. The campers really enjoyed themselves during their break. Hollywood Heights holds its

Spring Fling on April 1 where the kids and the community enjoy music, food, games and fun. Over 200 kids were in attendance last year. Registration for Summer Playground began on March 28 and will run until all slots are filled. If the slots are filled at your center of preference ask to be placed on the manager's waiting list in case of "no shows" or "drop outs" from the program. Summer slots fill up fast so get signed up as soon as possible.

SPAR's Youth Program is hosting the 2nd annual "Hard Knocks" Football Clinic on April 16 at Independence Stadium. The clinic begins at 10 a.m. for 7-14 yr. old kids and 2 p.m. for 15-19 yr. old kids. Registration began on March 21 and you can register on line at [www.mySpar.org](http://www.mySpar.org). The camp is **\*\*FREE\*\*** to the public.

### Upcoming Events

April 1 • Movies & Moonbeams Iron Man 2 Riverview Park 8pm

April 8 • C & W Dance Southern Hills 5:30 - 9pm

April 15 • Movies & Moonbeams Lords of Dogtown Skate Park 8pm

April 8 - 17 • Holiday In Dixie Festival Plaza (Times Vary)

April 16 • SPAR Easter Egg Hunt 15 Community Centers 10am

April 22 • Good Friday Centers Closed

April 24 • Easter



For all Shreveport/Bossier Events Visit:

[shreveportbossierfunguide.com](http://shreveportbossierfunguide.com)

### Athletics (Continued)



The 2011 Youth Girls and Boys Basketball League ended with championship games on March 26. The champions of each division were: 10&Under Girls - Northside Lady Thriller Bulldogs; 10&Under Boys - Xpress Inc.-Wilson; 12&Under - Shreveport Kings-Lofton; 14&Under - Runnin Rebels; 16&Under - Racing Starz; 18&Under - Showers of Blessings.

Finishing in second place were: 10&Under Boys - Shreveport Heat; 12&Under - LA Renegades-Lamb; 14&Under - Lakers; 16&Under - Hattie Perry II; 18&Under - Paradise Kings.

Congratulations to all of the participating players, coaches, parents and fans.

### Senior Happenings



In March, motivational speaker Angelita Jackson, the City of Shreveport's Director of Human Resources, spoke to a large enthusiastic audience about "The 8 Hour Woman" as part of the celebration of National Women Month. The Seniors are now working on making baskets and gifts for Easter.

New computer classes start on April 4. Sixty-seven seniors in the current class will graduate on April 5 at 10am at A. B. Palmer Community Center. In one of the classes, Crafty Computer 101, students learn how to crop, size and make collages of photographs and use them to make wonderful items. The photograph to the left shows some of the items produced, original pillows made from scrap fabric pieces and the picture collages.

Events for April that you don't want to miss: April 21, 5:30-8:00pm, Cinderella Ball at Airport Park; April 25, 11am-1:00pm, Choir Musical featuring A.B. Palmer, Airport Park and Hattie Perry Choirs at Riverview Hall. Visit [www.mySPAR.org](http://www.mySPAR.org) for more information on SPAR's Senior Program. We invite all Seniors to come join us!